

Meditation and Healing Gong

All welcome no experience necessary!

Join MahanKirn for two evenings of deep meditation, self introspection and healing as we practice to restore Inner Vitality and expand our Intuition.

INNER VITALITY Saturday, January 14 5:30 - 7:30pm
INTUITION Sunday, January 15 5:30-7:30pm

One class \$25 pre-reg. by Jan. 11th/ \$35 day of
Both classes \$45 pre-reg by Jan.11th/ \$55 day of
To Pre-register Contact: mahboundlotus@gmail.com

Private Healing Sessions available.

LOCATION:

7519 Sunset Blvd

Hollywood, CA. 90046

ph: 310.467.0561

e: mahboundlotus@gmail.com

www.mahboundlotus.com



MahanKirn and Daughter

MahanKirn

is a born Yogini and was a healer for Yogi Bhajan; the Master Kundalini Yoga. She is renowned throughout the world for healing herself from a crippling illness with one yoga position known as Boundlotus. She left the Corporate world to travel and teach Yoga, Meditation and Healing. In her classes she brings a deep sense of silence and possibility that there is a way through every obstacle and illness.